

Love is showing others how much they matter to you.

DAY 1

Read Genesis 2:18

Before there was anything, God existed. God is the creator of all things.



Created by the Creator

List a few things in creation that God made:

- 1.
- 2.
- 3.



Did you add humans to the list? God made Adam and Eve to help and take care of each other. From the very start, God saw that we would need each other.

To help.

To encourage.

To laugh and cry with.

To love.

God made us to take care of each other.

DAY 2

Read Galatians 6:2

Think about today's verse as sharing one another's burdens.

"Sharing one another's burdens" means that when you see someone struggling, you do something in that moment to take some of the pressure or weight off to help them.



Heavy Lifting

Read an example of a "burden" below and write down one way you could help "carry" that heavy load.

Your little brother is struggling to understand his math homework. You recognize the lesson as something you learned a couple of years ago.



Your grandma is sad because she can't drive which means she can't do as many things or go as many places as she used to do.



Every time you "carry a heavy load" by sharing someone's burden, you are doing what God made you to do! Because God made us to take care of each other.



Read 1 John 3:17-18

Who Do You Love?

In the space below, write down five people you love.

- 1.
- 2.
- 3.
- 4.
- 5.

~~~~~

Do the people you listed know that you love them? Can you name one way you've shown the people you listed that you love them through your actions?

Did you listen when that friend told you a really long story? Did you help your parent when they asked you to the first time? Were you patient with your brother even when he was taking forever?

Saying "I love you" isn't always enough. And words don't go very far if our actions don't back them up. That's why we need to say it and show it.

This week, instead of just saying, "love you" to the people around you, find a way to show your love through your actions. You can start with the people listed above. Challenge yourself to think of new ways to show your love through your actions this week.

## Read Hebrews 13:16

What was the last thing you forgot? Wait . . . is it even possible to remember something you forgot?

In today's verse, we're told to **do good** and to **share**. In fact, these two things are so important, the writer tells us not to forget! We need to remember this because God is pleased every time we follow through by helping and sharing. There are lots and lots of ways you can help and share and care for the people around you. So, pay attention this week so that you can love others.

### Don't Forget

Do you have a calendar in your room or a planner in your binder for school?

1. Grab your calendar or binder (or ask permission to use the family calendar if you don't have one).
2. Write "DGAS" on the spot for everyday this week.
3. Every time you take a look at your calendar, remember to Do Good And Share with others because God made us to take care of each other. Don't forget!

God made us to take care of each other.

