

Follow the Shepherd in the Virus Crisis

Discussion Guide 03-22-2020



Ice Breaker: What is the way you typically respond to a stressful crisis?

"it will all work out" Sleep on it Ignore it Worry about it Pray about it Other

God's Word: Read Psalm 23 silently and circle the words God impresses on you. Then discuss together.

**Psalm 23:1. The Lord is my shepherd. I shall not want [lack anything I need].² He makes me lie down in green pastures, he leads me beside quiet waters,³ he refreshes my soul. He guides me along the right paths for his name's sake.
⁴Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me.
⁵You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.
⁶Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.**

1. There are several promises in these verses. Which one encourages you the most?
2. Which would you rather do? Lead or follow? Why? Do you ever find it difficult to wait and follow the Lord?
3. In what ways are you practicing discernment as you hear all the media reports about the Corona Virus?
4. The world's approach to solving this crisis changes daily. We humans tend to think we are in control, but in reality, only God is in control. In what ways are you leaning on God's Word rather than your own opinions?
5. After reading Psalm 23, what assurances do you have that God will get you through this crisis?

God uses crises to get us out of our comfort zone, so we will grow to become more like Jesus, and bring more to Jesus. What "next step" do you think God is telling you to take in this Virus Crisis?

**Close in prayer asking God to help you
1) to follow Him in this crisis and 2) to serve the Lord and others.**